

Planning ahead: Navigating End-of-Life

Tuesday September 24, 2024

from 1:30pm to 3:30pm, Registration fee: \$5



This interactive workshop explores how today's plans bring tomorrow's peace of mind.

Grace Saint Andrew's United Church, 269 John St., Arnprior, Ontario

Topics that will be covered:

- Learn how to prepare for the unexpected.
- Map your support network and discuss strategies for difficult conversations.
- Review end-of-life and deathcare considerations, including funeral arrangements, estate planning, and legacy.

To register, please contact:

office@gsachurch.ca
or
613-623-3176

Presenters:

Kelly Butler, BSN, MHS, Educator
Debbie Charbonneau, Death Doula